

Chicken Checklist

By Earthlings
Uncaged



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Sacred Keeper Of The Chickens

As a Keeper of The Chickens, you hold the torch that has been passed along for millennia and carries the full interconnected human-chicken unfolding. A relationship that has woven through worlds and civilizations. A being that has existed since prehistoric eras. A cunning creature who wandered through the depths of the jungle. Now under your care. A feeling that can stop time when you allow their gaze to pierce through you, all the while cracking open your heart with laughter from their endearing idiosyncrasies, boisterous vocals, and opinionated objectives.

As a Keeper of The Chickens, you hold all of this in your backyard. In order to live up to this title and to reap the reward on a transformative and transcendent level, you must do a few things;

You must learn the world from their perspective.

You must give them what they need to thrive.

You must honor their innate and insatiable sense of curiosity and adventure.

You must keep them safe from all threats.

You must pour your breath into their care.

You must stand steady in challenging chapters.

And you must admire them with a tender heart full of wonder, appreciation, respect, and love.

Just because many have forgotten and dropped this torch, does not mean you lower your standards to match the world around you.

You raise the bar one choice at a time and one day at a time.

And together, we fulfill our destiny as Divine guardians and caretakers of this planet.

Together, we honor what it really means to be, a sacred Keeper of the Chickens.

**So You're Ready To Be A Keeper Of The Chickens...
Welcome!**

There's much to prepare, but I'm going to keep it as simple as possible so that you can welcome home your new feathered children confidently, ready to give your chickens a wonderful and safe forever home they will thrive in.

Keeping chickens as pets is one of the most fulfilling and endlessly expansive endeavors you can embark on in my opinion, though I may be slightly biased. It may not always be easy, but as long as your heart is in it, you're going to do great.

You'll need to branch out into your own research, but to help you know where to start, I've made a comprehensive checklist so you don't miss anything. I wish I had this when I got started!

And remember... have fun. A huge benefit of getting all of this together before you get your chickens is so that you can take your time and figure out what setup and system is going to work well for you long term. It can be an exciting, adventurous, and empowering process if you want it to be, and it marks the start of your chicken keeping journey because by deep diving into gathering what they really need, you're already expanding.

There's always going to be something to learn about chickens, and if you lay this solid foundation first, you're going to be able to embrace the actual chicken part of the journey with the same level of engagement because you're not trying to patch together the baseline. The goal is to always be ahead of the learning curve when it comes to chickens so that they can live long, healthy, happy lives under your care.

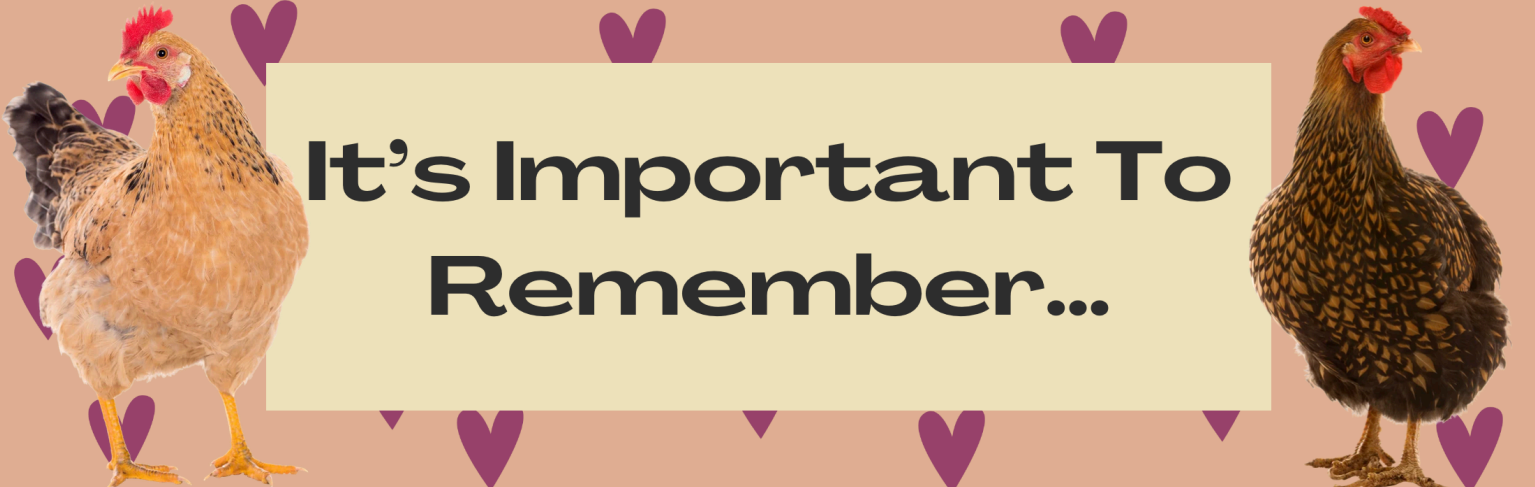
There is hard work involved with chicken keeping, and getting your setup ready is the start of that. For some, it may be the start of your remembering. Remembering what it feels like to sweat, work with your hands, get dirty, build, solve problems, soak up the sun, learn the land you live on, come to know the wildlife, imagine, and live pulled by curiosity and care. Those are such beautifully human qualities, and tapping into them can unlock the portal into our own essence.

Giving to chickens gives to you. Surrender into pouring into this process, so that this process can pour back into you, and ultimately lift and awaken how you show up in the world even beyond your backyard.

MASTER CHECKLIST

**FIVE CATEGORIES TO CHECK OFF
BEFORE YOU BRING THEM HOME**

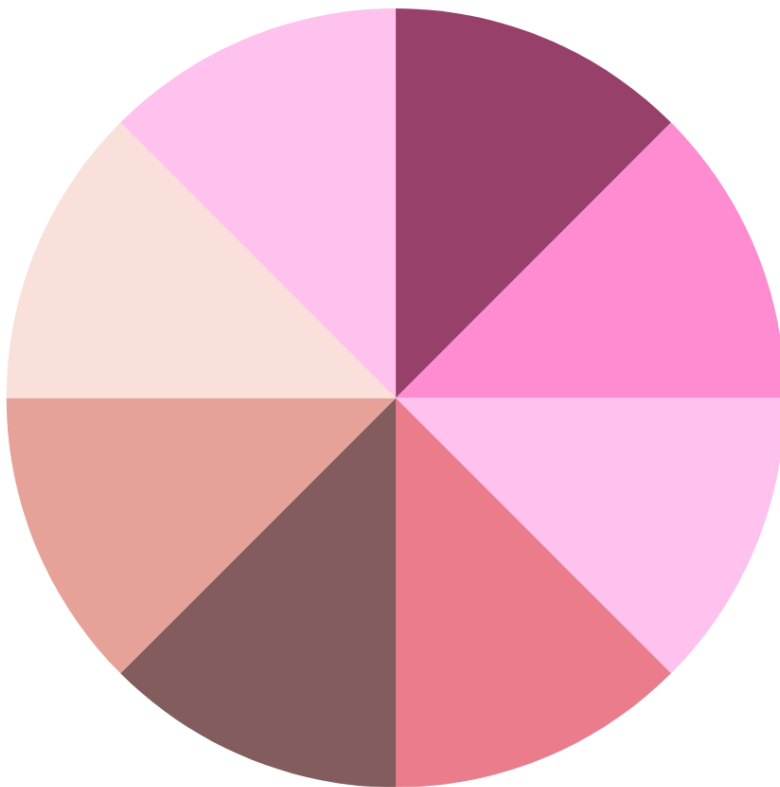
- ☐ **Budget**
- ☐ **Setup**
- ☐ **Flock Plan**
- ☐ **Care Plan**
- ☐ **Supply List**



**It's Important To
Remember...**

It's not one singular thing that keeps your flock healthy and thriving.

- Diet
- Safety & Protection
- Cleanliness & Biosecurity
- Enrichment & Space
- Balanced Flock
- Day-to-Day Care
- Medical & Special Care
- Love



It's an ecosystem, and each piece is an essential part of the whole.

Chickens are intelligent beings with impressive cognitive capabilities, complex social systems, a range of emotions, sophisticated communication skills, fascinating foraging and survival instincts, highly attuned senses, and internal systems that are unique to them.

They see more colors than we do, process light and movement differently, have a keen sense of smell, respond to their environment in ways that are unique to them, digest food, reproduce, and regulate internal systems differently than we do.

Just because chickens now live in a human world doesn't mean we can overlook what it means to be a chicken. In fact, leaning into learning all that you can about them is what will help you create a setup and long-term care system that supports who they are and what they actually need.

When a flock's physical, emotional, behavioral, and environmental needs are being met, they have the foundation they need to thrive. Taking the time to put care and thought into their setup and long-term care system can make a world of difference in how you experience your flock, the capacity at which they can thrive, and your ability to prevent avoidable losses caused by predators, disease, and chronic stress.

Start thinking of chicken care as an entire ecosystem, and your backyard as the oasis that supports it.

Budget

CHICKENS COST MONEY.

Don't let the \$4 price tag and innocent cheeps at the farm supply store fool you.

Let's break this down.

BUDGET CHECKLIST

- ☐ Initial Setup Budget: \$
- ☐ Initial Supplies Budget: \$
- ☐ Monthly Expense Budget: \$ /month
- ☐ Emergency Expense Budget: \$

Once you have this checklist complete, go back to the overall checklist at the top and check off “Budget”! One step closer to being chicken-ready. Worth every penny.

Initial Setup: This includes their enclosure (coop, run, and turnout), along with the tools and supplies you’ll need to build one, enhance or expand a pre-built setup, and predator-proof all areas. It can also include necessities such as cooling and heating systems, enrichment, hardware, and other safety features.

Err on the side of caution when considering pre-built setups. A \$500 pre-made coop with an attached run may look like a great deal, but the price tag alone doesn’t guarantee that it provides your chickens with the space, protection, ventilation, climate considerations, or other essentials they need to thrive.

Not everyone can buy a top-dollar pre-built setup, and you don’t need to. Getting creative, being resourceful, building your own, or adding safety and space enhancements to shelf-ready options can be great ways to keep costs lower **without cutting corners on their care.**

You may not know your setup budget until you have your setup and flock size planned, so loop back to this section if you need to. Find a budget and setup that work for you, then adjust based on what you’re realistically able to do **while still meeting your chickens’ needs and giving them room to thrive.**

Initial Supplies: This includes feeders, waterers, first-aid supplies, bedding, nest box supplies, storage, and other supplies you'll need from day one.

Again, there are ways to be innovative and resourceful. You can make your own waterer from a five-gallon bucket, find feed bins through Facebook Marketplace, repurpose materials, and adjust your care system.

There is no need to buy the most expensive version of everything, but there **is** an upfront cost to getting the supplies you need. Plan for those purchases before your chickens come home so you aren't scrambling to fill gaps later.

Monthly Expenses: Budget for what you expect it will cost to care for your chickens on a monthly basis. This will vary based on flock size and your specific setup. Common recurring expenses include feed, supplements, bedding, treats, and other ongoing supplies.

Choosing a feed and treats that fit within your budget—and even learning how to make some things yourself—can help make their care more sustainable long term. Choosing a flock size you can comfortably manage financially is equally important.

You'll likely find yourself always buying something for your chickens, upgrading their care, or improving their space. Build a monthly budget that accounts for that ongoing flow of money so those expenses don't continually catch you by surprise.

Don't forget to include a chicken sitter in your budget if you travel regularly!

Emergency Expenses: This is the amount of money you choose to have set aside specifically for unexpected emergencies.

Emergencies can include medical care as well as urgent repairs to their setup. A hail storm could damage the roofing, a tree could fall on the run, fencing could be damaged by a storm, or a predator could compromise part of their enclosure. These repairs may cost a significant amount of money and often need to happen immediately.

Veterinary costs can vary enormously depending on where you live, the type of care needed, and the severity of the situation. Even a single emergency can become a significant unexpected expense.

I know that can be intimidating, but having money set aside ahead of time can make an emergency much less stressful. When you're already worried about your chicken, the last thing you want to be worrying about is whether you can afford to get them the care they need.

Want to go deeper?



Cost & Time



Tour of
My Setup



Building
My Setup



My Chicken
Keeping Favorites

Setup

Call on the visionary in you.

See it.

*What do you want your backyard chicken oasis to look like?
Feel like? Flow like?*

Start there.

This is about creating the baseline setup and hitting the marks that make it chicken-ready. It will grow and become more filled out as you go. You'll find yourself adding layers of plants, enrichment, décor, expansions, and features over time. Your setup can become a one-of-a-kind oasis and happy place totally unique to you and your flock.

SET UP CHECK LIST

- ☐ Setup Elements
- ☐ Permits and Ordinances
- ☐ Size and Layout
- ☐ Predator Protection
- ☐ Safety and Weather
- ☐ Functionality
- ☐ Brooder and Quarantine
- ☐ Enrichment

Once you have this checklist complete, go back to the overall checklist at the top and check off “Setup”. Now things are really starting to take flight!

Setup Elements:

COOP: Fully enclosed shelter providing protection from weather and predators, with roosting bars, nest boxes, ventilation, bedding, and secure nighttime closure.

RUN: Fully enclosed and covered outdoor space connected to the coop, providing daytime access to food, water, enrichment, sun and shade, a secure perimeter, and protection from weather and predators.

TURNOUT: Outdoor enrichment space that expands behavioral stimulation and gives a “free-range” feel while maintaining controlled access and predator protection.

BROODER: *(If raising chicks)* A temperature-controlled, predator-proof enclosure used for chicks during their early weeks of life, with appropriate heat, bedding, ventilation, food, water, and enrichment.

QUARANTINE: A separate setup used to isolate sick birds or quarantine new birds before introducing them to your flock. Ideally, this should be physically separated from the main flock area and managed with dedicated equipment and strong biosecurity practices. If you do not plan to regularly bring in new birds or rescue chickens, you may not need a permanent quarantine setup. A temporary arrangement, such as an appropriately prepared garage or other separate space, may work for occasional needs.

Permits and Ordinances: Every city has different rules and regulations regarding how many chickens you can have, whether roosters are allowed and how many, where and how large your setup can be, and what permits or approvals may be required.

Staying within your local ordinances is an important part of long-term care for your chickens. You can put a tremendous amount of work into creating your setup, and the last thing you want is to receive a notice requiring you to relocate, modify, or downsize it.

Also remember that chickens can be noisy at times—not just roosters. Hens can be surprisingly loud, and noise can become an issue with neighbors or lead to complaints and inspections.

Make sure your setup is **shipshape and above board** from the beginning. That way, if an issue does come up, you have done everything to protect the stability of your flock and the home you have created for them.

Size and Layout: Be cautious with the space guidelines you see online and the number of chickens listed for pre-made coops. Many commercial setups prioritize compactness and marketing over giving chickens generous, functional space.

If you have a space that is too small or overcrowded with too many chickens, cleaning can become more difficult, humidity and waste can build up, flock dynamics can become more challenging, and the risk of stress, injury, disease, and behavioral problems increases.

Give your chickens as much space as you reasonably can while keeping them safe and not cutting corners on predator protection.

If you cannot provide a large, predator-protected space because of budget, ordinances, or the space available to you, consider keeping fewer chickens and investing in more enrichment and thoughtful use of the space you do have.

Take time to plan your layout.

- Is there an area of your yard that is less prone to water buildup?
- Where will they have shade throughout the day?
- Is the setup easy for you to access and run water or electricity to if needed?
- How will the coop, run, and turnout connect to one another?
- Do you plan to expand your flock in the future?
- Where will ventilation be placed?
- Where will the nest boxes and roost bars go?
- Where will food and water be located?
- Do you want to rotate access to the turnout so greenery has a chance to recover?

Plan your layout whether you are building or buying. Even a pre-made coop will still need to be placed in the best spot in your backyard and may still need additional run space, turnout space, predator protection, or other modifications to meet your chickens' needs.

Don't forget to include a dust bath area that your chickens can access in all weather. Dust bathing is an important part of their normal behavior and is essential for their health, helping them maintain their feathers and skin.

Predator Proof: It's your responsibility to keep your chickens safe from predators. Start by identifying the predators in your area. This will help guide you in creating a setup that is appropriately protected against the threats you are most likely to encounter.

Don't cut corners here. It may be tempting to save money by relying on chicken wire, skipping ground protection, or leaving areas uncovered, but predator protection should be designed around the animals that can actually reach your flock.

Think about the weak points predators may test: latches, hinges, locks, fencing height and strength, gates, roofing, ground-level gaps, buried barriers, aerial exposure, and the structural integrity of the entire enclosure.

Your goal is to think several steps ahead and imagine how a predator could get in **before it ever has the opportunity to try.**

Common threats can include dogs, raccoons, hawks, snakes, foxes, coyotes, bobcats, bears, opossums, and other wildlife depending on where you live. Domestic dogs can also pose a serious threat, including your own dog, a neighbor's dog, or a stray.

Even if your area doesn't seem particularly "wild," your chickens are not automatically safe. Identify the risks around you and build accordingly.

Your chickens will depend on you to make their space secure.

Safety and weather: The climate you live in will determine many of the additional measures you need to take with your setup.

My plastic corrugated roofing worked great in California, but did not last through one Texas hail storm.

You may need to think about heating, cooling, shade, insulation, ventilation, drainage, wind protection, and weather-resistant materials depending on where you live. Consider how heavy-duty your materials need to be, how well they will hold up to your local weather, and how your setup will keep your chickens comfortable and protected throughout the seasons.

Be sure nothing in your setup creates a safety hazard for your chickens. Beyond choking hazards and toxic substances, think about where a chicken could get stuck, trapped, tangled, crushed, burned, or injured.

You know the saying, “Curiosity killed the cat?” Well, chickens can be just as curious.

Be several steps ahead and chicken-proof any potential hazards before they become problems. Regularly walk through the setup from a chicken’s perspective and look for new risks as your flock grows and your space evolves.

Also watch for doors and gates. Always be careful when maneuvering around your chickens, and secure doors both when they are open and when they are closed so they cannot swing, slam, or otherwise injure a chicken.

Functionality: This is all about how your setup functions—for **you** as well as your chickens.

You want something that makes your life easier as a chicken keeper, not something that creates unnecessary work every day.

Where will you store supplies, and what will you organize them in? Does your feed storage sit near the feeders? How easy is the setup to clean? Can you easily reach every area? Can you maneuver around it comfortably? Can you check eggs, refill waterers, carry feed, and access your chickens without fighting the design? Is there a system in place for a pet-sitter to easily access essential care tasks?

Think about doors, gates, storage, drainage, cleaning access, lighting, electricity, and water.

Even the smallest details can make a huge difference when you are doing them every single day.

Brooder and Quarantine: If you are hatching or raising chicks, you will need a brooder. This includes a safe space with an appropriate heat source, bedding, ventilation, food, water, and age-appropriate enrichment.

If you plan to regularly rescue chickens or bring adult birds into your flock, consider creating a small secondary setup that can serve as a quarantine or isolation space.

Quarantine is about preventing potentially contagious disease from reaching your established flock. New birds should be kept separate for an appropriate quarantine period before introduction, with careful attention to biosecurity and cross-contamination.

It is also valuable to have a space where you can temporarily separate an individual chicken if they become sick, injured, bullied, or otherwise need individual care.

You may not use these spaces often—but when you need one, having a safe place ready can make all the difference.

Enrichment: Chickens need mental stimulation, and the more opportunities you can provide for natural behaviors, the more interesting their world can become.

They are endlessly adventurous—digging in the dirt, pecking at leaves, scratching, jumping on things, exploring underneath things, and squeezing through places you probably wish they wouldn't.

Get creative with it. **This is the fun part.**

Think about the plants you want to incorporate, the textures they can explore, places they can climb, areas they can scratch and forage, and ways you can make their environment interesting while keeping everything safe.

Enrichment for humans might be books, a gym, hiking, crafts, social outings, learning, working with our hands, or simply connecting with the world around us. Those things support our curiosity, our bodies, our minds, and our social needs.

Find out what makes a chicken a chicken, and support them in that through enrichment.

Always make sure anything you add to their environment is safe, appropriate, and non-toxic for chickens.

Want to go deeper?



Enrichment
& Space



Predator
Protection



Planning
Your Setup



My Chicken
Keeping Favorites

Flock Plan

Choosing a flock that's right for you is an important part of preparation. Your ideal flock can vary based on many different factors, so take the time to consider these things when deciding.

FLOCK PLAN CHECKLIST

- ☐ **Flock Size**
- ☐ **Breed Selection**
- ☐ **Rescue vs Raise vs Hatch**
- ☐ **Rooster Plan**
- ☐ **Timing**

Once you have this checklist complete, go back to the overall checklist at the top and check off “Flock Plan”. Are you getting excited yet?

Flock Size: Every city has its own set of rules for how many chickens you are allowed to keep. Just like the ordinances around placement of your setup, don't let yourself get caught up in the chicken math and push over the limit. Find out what your city or county limits are, and whether you need any permits, so you can move forward with confidence.

Keep in mind that just because you may not have limits, or the area you live in allows for a large flock, you still need to consider the amount of space you are going to be able to give them and the ongoing cost for a larger flock.

Breed Selection: A few elements to consider when selecting your breeds will vary based on your goals with chickens—i.e., laying, foraging, mothering ability, or simply finding a breed that fits well with your lifestyle. I recommend considering temperament, breed compatibility, hardiness, weather tolerance, maintenance requirements, size, jumping and flying capabilities, and whether they are typically considered beginner-friendly. Of course, there will still be individual variations within every breed.

Rescue vs Raise vs Hatch: Think through where you plan to get your chickens, what life stage you want to start with, and why. Each path comes with its own set of needs.

If you want to **hatch**, you'll need fertilized eggs and an incubator, and eventually a brooder. Hatching also means you have less control over the sex of the chicks, so you need to be prepared for roosters and for the possibility of chicks with special needs.

If you want to **raise chicks**, you'll need a brooder and all of the supplies and care that come with raising young birds. If you choose a sexable breed based on color patterns, you may be able to reduce the likelihood of ending up with a rooster, but it is not always guaranteed.

If you want to **rescue**, you can give a chicken a wonderful second chance at life and often have a better idea of the individual bird you are bringing home. Depending on where the chicken comes from, you may also need to plan for veterinary care, rehabilitation, quarantine, or other special needs. Starting with adults can mean skipping the chick-raising stage, but if you want a strong bond with your chickens, you will still need to spend time earning their trust and getting to know them.

There is no single right way to start a flock. Think about what experience you want to have, what you have the capacity for, and what will work best for the chickens you bring home.

Rooster Plan: Have a plan for roosters *before* you bring chickens home. If you do not live in an area that allows roosters, your area has a rooster limit, or your space and flock setup cannot safely accommodate them, you will need to find a loving home for any roosters you can not keep if you end up with one.

This is especially important if you are hatching or raising chicks, since you may not know the sex. If you cannot keep a rooster, and finding loving homes for them is going to be challenging for you, I would advise against hatching or getting chicks that are hard to sex. And if you do plan to keep roosters, think ahead about space, flock dynamics, separation options, and how you will respond to any behavioral needs that arise.

Timing: Starting a flock requires time to get everything set up, settled, and balanced. Starting when you have the time to give your new flock your full attention—and when the weather is manageable—can make for a much more peaceful beginning for both you and your chickens.

Want to go deeper?



Choosing
Your Flock



Flock
Health



Meet
My Chickens



My Chicken
Keeping Favorites

Care Plan

This is often underestimated and overlooked when preparing for your chickens. A healthy, happy flock doesn't happen by accident. These are the factors to consider when planning for their care—both the everyday needs and the unexpected.

CARE PLAN CHECKLIST

- ☐ Overall Care
- ☐ Health and Biosecurity Care
- ☐ Pet Sitter Care
- ☐ Special Care
- ☐ First Aid and Medical Care

Preparation looks good on you! Once you have this checklist complete, go back to the overall checklist at the top and check off “Care Plan”!

Overall Care: Your day-to-day tasks and chores will vary based on your specific setup and system. Find a daily care routine that works for you and your flock. This includes checking on the chickens, feeders, and waterers; collecting eggs; maintaining their space; and restocking supplies. You will also need to account for bigger tasks that happen less frequently, such as full coop clean-outs, replacing bedding, repairing damaged parts, and addressing any hazards that develop in the space.

Health & Biosecurity Care: Keeping your space clean, your flock balanced and healthy, and your biosecurity practices consistent is an important part of long-term care. Have a plan for cleaning and maintaining their environment, reducing opportunities for disease to spread, and regularly checking your chickens so you can notice changes in their health or behavior early.

Pet Sitter Care: Think through a plan for when you are out of town and how your chickens will continue to receive the care they need. Remember that a chicken’s health can change from day to

day, and a fully automated system cannot replace someone being there to observe them. Having someone check on your flock daily is always recommended. Also keep in mind that special care needs can pop up unexpectedly, and they may not always happen at the most convenient time.

Special Care: There will be times when one or more chickens need care beyond the normal daily routine. This could include recovering from an injury, addressing a bullying issue, administering medication prescribed for them, managing extreme weather, or caring for a chicken with a special need, such as a cross-beak chicken who needs additional assistance eating. There are many moments when the baseline level of care simply isn't the reality of what chicken keeping requires.

First Aid & Medical Care: Having a first aid kit, a baseline understanding of common health issues, and a plan for veterinary care are all important parts of chicken keeping. Know what you feel comfortable addressing at home, and know when it is time to involve a veterinarian. I also recommend having a list of vets in your area that treat chickens already on hand, a crate or safe indoor recovery space ready in case a chicken needs to come inside, a carrier available if a chicken needs to be transported, and a list of veterinarians in your area who treat chickens or other poultry.

Want to go deeper?



**Automated
Setup**



**Time
& Care**



First Aid Kit



**My Chicken
Keeping Favorites**

Supply List

You may need more, you may need less. These are some of the supplies to consider when getting ready for your chickens.

Always make sure that anything you bring into their space is non-toxic, non-hazardous, and safe for their health and well-being.

CARE PLAN CHECKLIST

- ☐ **Feeders & Waterers** *(including supplemental feeders if needed)*
- ☐ **Feed, Supplements & Treats** *(consider different dietary needs for different life stages, as well as roosters vs. hens)*
- ☐ **Bedding / Mulch / Sand, Nest Pads** *(depending on your system)*
- ☐ **Heating / Cooling Systems** *(if needed)*
- ☐ **First Aid kit**
- ☐ **Enrichment** *(plants, obstacles, roosts, etc.)*
- ☐ **Cleaning & Biosecurity Supplies**
- ☐ **Carries & Crates**
- ☐ **Feed & Supply Storage** *(secure, dry, and protected from pests and wildlife)*

Once you have this checklist complete, go back to the overall checklist at the top and check off “Supply List”! I think I hear some bocks...

Want to go deeper?



**DIY Herbs
& Fermentation**



**Cooling
System**



**Feeder
Review**



**My Chicken
Keeping Favorites**

**WELCOME
HOME!**



Lean Into It

Chickens have the capacity to connect with you on a deep level if you seek that out. Just like any relationship, it takes time, care, love, consistency, understanding, and patience. The more you lean into creating lasting bonds with your chickens, the more they will lean into you as their beloved caretaker.

Get to know them on an individual level and on a flock level. Learning their social structures, behaviors, idiosyncrasies, and quirks is part of the fun that chicken keeping offers.

You may even start to lose track of time when you're out spending with your chickens. Enjoy the peace that can come through observation, naturally giving your nervous system a reset and bringing you back to the present moment.

Getting to know the world through their eyes also opens you up to an environment that many people overlook. You'll get to know all the sounds around you, the wildlife, the colors, and the movement in your very own backyard. Chickens approach their world with an alive and eager sense of wonder that can rub off on you if you spend enough time with them.

You can begin to experience the world through being part of their flock. Lean into it, and feel for yourself what a chicken really is.

Want to create lasting bonds?



Cuddly
Chickens



Chicken
Mom Vlog



Food
Scrap Fun



My Chicken
Keeping Favorites

BOOK RECOMMENDATIONS

The learning journey is limitless—and that's part of the fun. The more you learn, the more you grow. The more you grow, the more you experience. And the more you experience, the more fulfilled you become.

Here are a few books that have empowered me, offered me guidance, and inspired connection throughout my chicken-keeping journey so far:

The Chicken Health Handbook
by **Gale Damerow**

How to Speak Chicken
by **Melissa Caughey**

The Chicken: A Natural History
by **Joseph Barber**

For the Birds: From Exploitation to Liberation
by **Karen Davis, Ph.D.**

What the Chicken Knows
by **Sy Montgomery**

The Chicken Chronicles
by **Alice Walker**

“How it is that animals understand things I do not know, but it is certain that they do understand. Perhaps there is a language which is not made of words and everything in the world understands it. Perhaps there is a soul hidden in everything and it can always speak, without even making a sound, to another soul.”

– Frances Hodgson Burnett

May your life become two chapters: BC and AC. Before Chickens, and After Chickens. Wishing you much joy, love, and fulfillment on your beautiful journey as a Keeper of the Chickens.



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